

Thousand Island Dressing

Adapted from my marked up 1973 edition of Joy of Cooking.

This version is chunkier.

1 cup mayonnaise (Hellmann's and Best foods brands are gluten free)

¼ cup catsup (Heinz brand is gluten free)

¼ cup minced stuffed green olives

¼ cup chopped parsley

2 tablespoons chopped green pepper

2 tablespoons chopped chives

2 diced hard cooked eggs

Mix it up.

Serve over wedges of iceberg lettuce or hard cooked eggs.

Refrigerate any leftovers.

Note: products change from time to time. Always read the label to determine if it is still gluten free. At the time of this posting, Hellmann's, Best Foods, and Heinz websites have helpful gluten free listings.

Read more: <http://blog.kitchentherapy.us/2009/05/i-is-for-iceberg-lettuce/>

Kitchen Therapy
www.kitchentherapy.us

Linda Simon, R.D., C.P.C. 608-868-1113
<http://blog.kitchentherapy.us>